

Butterflies Katz: Vegan Poet & Advocate

The Story of My Creative Maladjustment



When I was 12, my brother told me "meat" was a dead animal. I stopped eating meat forevermore at that moment. When I was 21, I learned about veganism from The Ahimsa Magazine of the American Vegan Society and I immediately became vegan. All this was before the internet, and I never met another vegetarian or vegan back then (in the U.S.), 4 decades ago. It was unheard of. I was completely alone. I was a misfit. And yet, I knew with all my being that I was on the side of 'what is ethically right'. I could not adjust myself to eating dead animals or causing harm to feeling animals, with whom I felt kinship more than anything else. I didn't see any significant difference between the family cats and other species of animals, when it came to friendship with other species. Very deep inside me, I always felt compelled to be a voice for the animal's plight. I felt this above all other feelings. Today, I'm no longer alone. If you search the internet for "vegan" - you will find endless information. Vegans are sprouting up in every corner of the globe. We vegans don't want to accept what has been programmed into us from society.

We don't want to adjust to being cruel to animals. We reject enslaving, objectifying, oppressing and violently assaulting other sentient beings and are the pioneers of a new world; a vegan world. Many long-term vegans like myself have proven unquestionably that humans have evolved to be able live without harming other animals. We have given our lives to educating others so they too can join the most important social justice movement of our time - that comes with many personal and planetary health rewards and far-reaching benefits to all. Vegan living is no less than a Great Truth and humanity's next evolutionary step. If the world's people adopted vegan living, we really could create Peace on Earth. Veganism is the antidote to the violence and war plaguing humanity, to uncivilized speciesism, and to environmental devastation, global warming, and the inequity of grains and soy being fed to farmed and bred animals rather than starving children. We must stop breeding and farming animals and live off the plant kingdom in order to save Planet Earth and all its inhabitants.

<http://thevegantruth.blogspot.ie/>

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